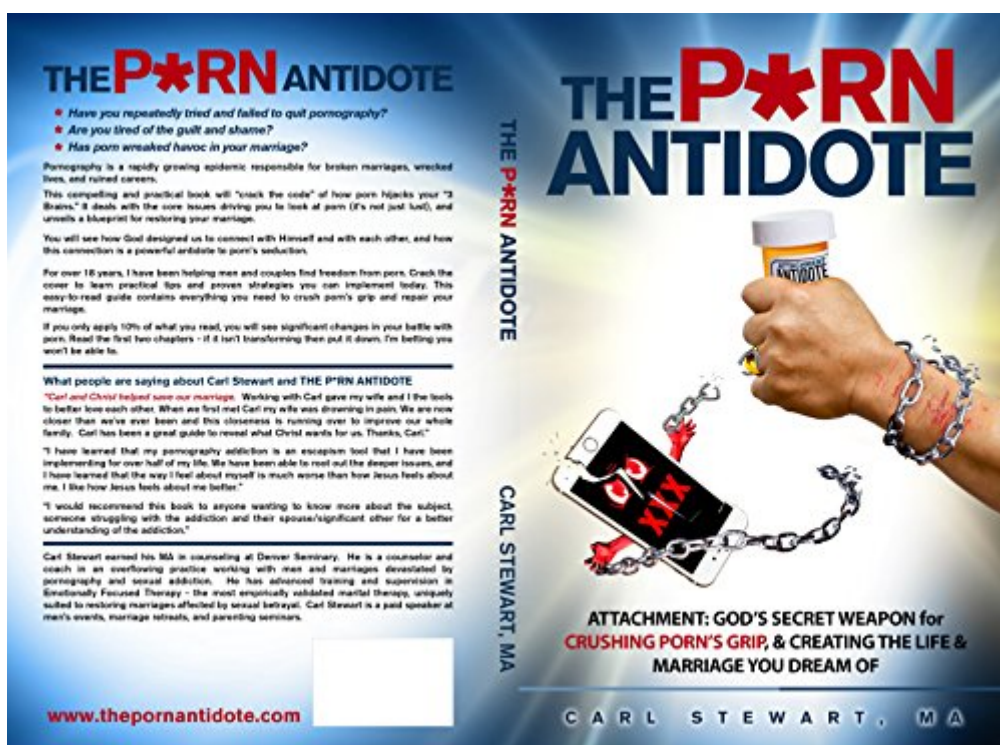


The book was found

The Porn Antidote: Attachment: God's Secret Weapon For Crushing Porn's Grip, And Creating The Life And Marriage You Dream Of.



Synopsis

-Have you repeatedly tried and failed to quit looking at pornography?-Are you tired of the guilt and shame?-Has porn wreaked havoc in your marriage?Pornography is a rapidly growing epidemic responsible for broken marriages, wrecked lives, and ruined careers. This compelling and practical book will â œcrack the codeâ • of how porn hijacks your â œ3 -Brainsâ •, deal with the core issues driving you to look at porn (itâ™s not just lust), and unveil a blueprint for restoring your marriage. You will see how God designed us to connect with Him and with each other is a powerful antidote to pornâ™s seduction.I have been helping men and couples find freedom from porn for over 18 years. Crack the cover to learn practical tips and proven strategies you can implement today. This easy-to-read guide contains everything you need to crush pornâ™s grip and repair your marriage. If you only apply 10% of what you read you will see significant changes in your battle with porn. Read the first two chapters- if it isnâ™t transforming then put it down. Iâ™m betting you wonâ™t be able to. â œCarl and Christ helped save our marriage. Working with Carl gave my wife and I the tools to better love each other. When we first met Carl my wife was drowning in pain. We are now closer than we've ever been and this closeness is running over to improve our whole family. Carl has been a great guide to reveal what Christ wants for us. thanks, Carlâ•â œI have learned that my pornography addiction is an escapism tool that I have been implementing for over half of my life. We have been able to root out the deeper issues, and I have learned that the way I feel about myself is much worse than how Jesus feels about me. I like how Jesus feels about me betterâ•â œI would recommend this book to anyone wanting to know more about the subject, someone struggling with the addiction and their spouse/significant other for a better understanding of the addictionâ •

Book Information

File Size: 3044 KB

Print Length: 113 pages

Publisher: Carl Stewart; 1 edition (February 20, 2016)

Publication Date: February 20, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01C1T9XH8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #102,894 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #20

in Kindle Books > Health, Fitness & Dieting > Men's Health > Sexual Health & Impotence #30 in Kindle

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Customer Reviews

Knowledge is power. In this book, Mr. Stewart gives the reader knowledge as to the processing of emotions, connecting in relationships and the tools necessary to battle looking at pornography and other behavioral issues. I wish I would have had this information 20 years ago. This book is not just about pornography. The information in the book applies to a wide range of problems. It is applicable to marital conflict and other struggles such as anger and bitterness. I found the information to be very thought provoking and caused me to analyze myself in such a manner to produce change in my behavior. Mr. Stewart gives practical tools and information that will allow the reader to effectively battle in emotional struggles. I have personally exercised some of his suggestions and have found them to be very beneficial. My favorite chapter in the book is "Connecting with Christ." I plan reading this book again as a way to further cement the concepts into my life. I would encourage men who are having struggles with anger, porn, or marital conflict to read this book. The information can produce hope and change. It is a short read and the material is not difficult to grasp.

As a pastor of 25 years, and a president and CEO of a nationally recognized counseling center, I have witnessed the devastating effects of sexual addiction in hundreds of lives. I would encourage every pastor to read this book and purchase a few copies to hand out to counselees who would benefit from the excellent insights and solution-oriented, scripturally sound, problem-solving concepts Stewart presents. The chapter on attachment alone is worth the investment of time and money. I'm recommending this book to men's ministry leaders and support groups as an excellent resource. I'm not into overstatements like "must read." But...really...you should!

This helpful and honest resource will soon become a new standard for individuals, marriages and small groups. Really thankful for this work.

Excellent book! Well written. Has great insight. Seeing how our minds operate was fascinating. I think everyone should read this book. Sex is so prevalent in our society - it's on TV, advertisements, the internet, etc. We need to be proactive in preventing a porn addiction instead of trying to fix it once we become addicted to it. This book is a must read. I will be reading it again.

Super clear, great help, focused on the Lord and healing by connecting with Christ and others. Great to read.

What a fantastic resource! Really insightful!!

This is the only book that truly deals with the root causes of porn & other addictive behaviors. There is hope in connecting to Christ & others. The author does a great job in explaining how the brain works & how porn affects the brain. This a must read for all men.

Eye-opening and spot on to what has been hiding in my marriage for quite a while. I read this book in one day and plan to read it again with my husband.

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